

Auszug aus dem IARU Region 1 HF Band Plan (Stand Februar 2019)

160 m Band:

1 810 – 1 838	200	CW, 1 836 kHz – QRP Centre of Activity
1 838 – 1 840	500	Narrow band modes
1 840 – 1 843	2 700	All modes – digimodes, (*)
1 843 – 2 000	2 700	All modes, (*)

80 m Band:

3 500 – 3 510	200	CW, priority for intercontinental operation
3 510 – 3 560	200	CW, contest preferred, 3 555 kHz – QRS Centre of Activity
3 560 – 3 570	200	CW, 3 560 kHz – QRP Centre of Activity
3 570 – 3 580	200	Narrow band modes – digimodes
3 580 – 3 590	500	Narrow band modes – digimodes
3 590 – 3 600	500	Narrow band modes – digimodes, automatically controlled data stations (unattended)
3 600 – 3 620	2 700	All modes - digimodes, automatically controlled data station (unattended), (*)
3 600 – 3 650	2 700	All modes, SSB contest preferred, 3 630 kHz – Digital Voice Centre of Activity, (*)
3 650 – 3 700	2 700	All modes, 3 690 kHz – SSB QRP Centre of Activity
3 700 – 3 775	2 700	All modes, SSB contest preferred 3 735 kHz – Image Centre of Activity 3 760 kHz – Region 1 Emergency Centre of Activity
3 775 – 3 800	2 700	All modes, SSB contest preferred, priority for intercontinental operation

60 m Band:

5 351.5 – 5 354.0	200	CW, Narrow band modes – digimodes. See NOTES
5 354.0 – 5 366.0	2 700	All modes, USB recommended for voice operation (##). See NOTES
5 366.0 – 5 366.5	20 (!)	Weak signal narrow band modes. See NOTES

40 m Band:

7 000 – 7 040	200	CW, 7 030 kHz – QRP Centre of Activity
7 040 – 7 047	500	Narrow band modes – digimodes
7 047 – 7 050	500	Narrow band modes – digimodes, automatically controlled data stations (unattended)
7 050 – 7 053	2 700	All modes – digimodes, automatically controlled data stations (unattended) (*)
7 053 – 7 060	2 700	All modes - digimodes
7 060 – 7 100	2 700	All modes, SSB contest preferred 7 070 kHz – Digital Voice Centre of Activity 7 090 kHz – SSB QRP Centre of Activity
7 100 – 7 130	2 700	All modes, 7 110 kHz – Region 1 Emergency Centre of Activity
7 130 – 7 175	2 700	All modes, SSB contest preferred, 7 165 kHz – Image Centre of Activity
7 175 – 7 200	2 700	All modes, SSB contest preferred, priority for intercontinental operation

30 m Band:

10 100 – 10 130	200	CW, 10 116 kHz – QRP Centre of Activity
10 130 – 10 150	500	Narrow band modes – digimodes

20 m Band:

14 000 – 14 060	200	CW, contest preferred, 14 055 kHz – QRS Centre of Activity
14 060 – 14 070	200	CW, 14 060 kHz – QRP Centre of Activity
14 070 – 14 089	500	Narrow band modes – digimodes
14 089 – 14 099	500	Narrow band modes - digimodes automatically controlled data stations (unattended)
14 099 – 14 101		IBP, exclusively for beacons
14 101 – 14 112	2700	All modes – digimodes, automatically controlled data stations (unattended)
14 112 – 14 125	2700	All modes
14 125 – 14 300	2700	All modes, SSB contest preferred 14130 kHz – Digital Voice Centre of Activity 14195 kHz ± 5 kHz - Priority for DXpeditions 14230 kHz – Image Centre of Activity 14285 kHz – SSB QRP Centre of Activity
14 300 – 14 350	2700	All modes, 14300 kHz – Global Emergency centre of activity

17 m Band:

18 068 – 18 095	200	CW, 18 086 kHz – QRP Centre of Activity
18 095 – 18 105	500	Narrow band modes – digimodes
18 105 – 18 109	500	Narrow band modes – digimodes, automatically controlled data stations (unattended)
18 109 – 18 111		IBP, exclusively for beacons
18 111 – 18 120	2 700	All modes – digimodes, automatically controlled data stations (unattended)
18 120 – 18 168	2 700	All modes, 18130 kHz – SSB QRP Centre of Activity 18 150 kHz – Digital Voice Centre of Activity 18 160 kHz – Global Emergency Centre of Activity

15 m Band:

21 000 – 21 070	200	CW, 21 055 kHz – QRS Centre of Activity 21 060 kHz – QRP Centre of Activity
21 070 – 21 090	500	Narrow band modes, digimodes
21 090 – 21 110	500	Narrow band modes, digimodes, automatically controlled data stations (unattended)
21 110 – 21 120	2 700	All modes (excluding SSB), digimodes, automatically controlled data stations (unattended)
21 120 – 21 149	500	Narrow band modes
21 149 – 21 151		IBP, exclusively for beacons
21 151 – 21 450	2 700	All modes, 21 180 kHz – Digital Voice Centre of Activity 21 285 kHz – SSB QRP Centre of Activity 21 340 kHz – Image Centre of Activity 21 360 kHz – Global Emergency Centre of Activity

12 m Band: